

Women Age 40			
Rank	Name	Time	Year
1	Melissa Dock	0:36:16	2022
2	Diane Gentry	0:36:16	2002
3	Cindy Darylrimple	0:36:31	1982
4	Regina Joyce	0:36:58	1997
5	Melody Fairchild	0:36:59	2014
6	Patty Murray	0:37:17	2006
7	Natalie Davey	0:37:37	2013
8	Bette Poppers	0:37:45	1983
9	Becky Sondag	0:37:47	2010
10	Phyllis Rosenthal	0:37:49	1998
11	Stacey Chamberlain	0:38:06	2012
12	Tanya Poel	0:38:09	2006
13	Catriona Dowling	0:38:30	1998
14	Laura Bruess	0:38:36	2001
15	Lorraine Caldwell	0:38:47	1993
16	Cindy Abeyta	0:39:01	1998
17	Simonetta Piergentili	0:39:05	2005
18	Kelly Carlson	0:39:20	2005
19	Bean Wrenn	0:39:21	2014
20	Susan Nuzum	0:39:29	2007

Men Age 40			
Rank	Name	Time	Year
1	Lee Troop	0:31:26	2013
2	Chris Fox	0:31:38	1999
3	Craig Young	0:31:40	1997
4	Sammy Ngatia	0:31:46	2000
5	Martin Cox	0:32:47	2010
6	Andrew Crook	0:32:52	1999
7	Jeremy Parks	0:32:59	2017
8	John Prashun	0:33:03	1995
9	Brad Pace	0:33:09	1996
10	Peter Williams	0:33:13	2001
11	Lee Courkamp	0:33:19	1983
12	Dan Skarda	0:33:22	1999
13	Herb Lindsay	0:33:31	1997
14	John Swartz	0:33:48	1988
15	Bruce Pulford	0:33:53	1995
16	Stann Vernon	0:33:54	1996
17	John Robinson	0:33:58	1980
18	Joe Gambles	0:33:58	2022
19	Scott Schafer	0:33:59	1996
20	Richard Wenham	0:34:04	1984

Women Age 41			
Rank	Name	Time	Year
1	Helen Burge	0:34:18	1996
2	Nuta Olaru	0:35:07	2012
3	Jane Welzel	0:35:32	1996
4	Cindy Darylrimple	0:36:16	1983
5	Nicole Aish	0:36:56	2017
6	Sissel Grottenberg	0:37:22	1998
7	Tanya Poel	0:37:29	2007
8	Mercedes Gil	0:37:53	2003
9	Mary Alico	0:38:07	2004
10	Bean Wrenn	0:38:23	2015
11	Phyllis Rosenthal	0:38:29	1999
12	Nichole Mairs	0:38:58	2022
13	Cindy Abeyta	0:39:08	1999
14	Stacey Chamberlain	0:39:15	2013
15	Susan Nuzum	0:39:18	2008
16	Natalie Davey	0:39:21	2014
17	Brooke Kish	0:39:22	2017

Men Age 41			
Rank	Name	Time	Year
1	Craig Young	0:31:31	1998
2	Tewodros Jaleta	0:31:45	1996
3	Lance Denning	0:32:31	2003
4	Peter Fleming	0:32:36	2002
5	John Prasuhn	0:32:45	1996
6	Andy Ames	0:32:59	2004
7	Brad Pace	0:33:08	1997
8	Peter Fleming	0:33:09	2003
9	Paul Grillo	0:33:47	1996
10	Chris Grauch	0:33:48	2014
11	Bob Hillgrove	0:33:52	1986
12	Rick Katz	0:33:56	1990
13	Timothy Jones	0:34:02	2002
14	Ken Pliska	0:34:04	2007
15	Richard Bishop	0:34:12	1999
16	James Johnson	0:34:13	2010
17	Jim Christoph	0:34:14	1995

18	Lizette Bolanos-Nauth	0:39:24	2014
19	Laura Bruess	0:39:26	2002
20	Cindy O'Neill	0:39:30	2003

18	Richard Wenham	0:34:20	1985
19	Tim Cumings	0:34:22	1992
20	Peter Hegelbach	0:34:22	2006

Women Age 42

Rank	Name	Time	Year
1	Lorraine Bright	0:34:17	1996
2	Jane Welzel	0:35:29	1997
3	Diane G. Gentry	0:36:21	2004
4	Patty Murray	0:37:03	2008
5	Lorraine Caldwell	0:38:22	1995
6	Nicole Jefferson	0:38:24	2018
7	Mercedes Gil	0:38:28	2004
8	Tanya Poel	0:38:34	2008
9	Catrina Dowling	0:38:59	2000
10	Sissel Grottemberg	0:39:02	1999
11	Joanna Zeiger	0:39:04	2012
12	Mary M Alico	0:39:10	2005
13	Stacey Chamberlain	0:39:11	2014
14	Laura Bruess	0:39:17	2003
15	Ellen Hart-Pena	0:39:30	2000
16	Bean Wrenn	0:39:48	2016
17	Ann Daxberger	0:39:57	1994
18	Susan Nuzum	0:40:09	2009
19	Kim Grant	0:40:14	2002
20	Bunki Bankaitis-Davis	0:40:25	2000

Men Age 42

Rank	Name	Time	Year
1	Tewodros Jaleta	0:32:09	1997
2	David Morris	0:32:59	2012
3	Richard LeDoux	0:33:16	1999
4	Michael Kettler	0:33:30	2022
5	Rick Katz	0:33:34	1991
6	Brad Pace	0:33:40	1998
7	Enrique Alvarez	0:33:42	1996
8	John Prasuhn	0:33:42	1997
9	Ricardo Rojas	0:33:50	1994
10	Stan Mavis	0:33:52	1997
11	Dan Skarda	0:33:52	2001
12	Lance Denning	0:34:13	2004
13	Craig Greenslit	0:34:22	2012
14	Chris Grauch	0:34:30	2015
15	Donald J Ross	0:34:31	1987
16	Darren De Reuck	0:34:34	2007
17	Rick Reimer	0:34:36	1991
18	Frank Richardson	0:34:44	1997
19	Aubrey Lavizzo	0:34:51	1986
20	Jason Squibb	0:34:52	2010

Women Age 43

Rank	Name	Time	Year
1	Diane Gentry	0:35:51	2005
2	Nuta Olaru	0:36:24	2014
3	Joanna Zeiger	0:37:13	2013
4	Nicole Jefferson	0:37:19	2019
5	Catrina Dowling	0:37:36	2001
6	Laura Bruess	0:38:39	2004
7	Susan Nuzum	0:39:04	2010
8	Mary Alico	0:39:21	2006
9	Peggy Muhn	0:39:42	1995
10	Stella Heffron	0:39:54	2010
11	Kim Grant	0:40:08	2003
12	Amy Regnier	0:40:21	2006
13	Jennifer Cubillas	0:40:43	2012

Men Age 43

Rank	Name	Time	Year
1	Rodolfo Gomez	0:32:16	1994
2	Pablo Vigil	0:32:43	1995
3	Andy Ames	0:32:44	2006
4	Clint Wells	0:32:55	2018
5	Lance Denning	0:33:48	2005
6	Rick Katz	0:34:08	1992
7	Stan Mavis	0:34:14	1998
8	Richard Bishop	0:34:15	2001
9	Bob Weiner	0:34:19	2008
10	John Swartz	0:34:22	1991
11	Edward Fuchs	0:34:23	1992
12	Dave Dooley	0:34:24	1990
13	Mark Prinzel	0:34:25	2007

14	Noelle Green	0:40:43	2008
15	Bunki Bankatis-Davis	0:40:45	2001
16	Nancy Stevenson	0:40:49	1997
17	Deri Mahn_Shusterman	0:40:54	2004
18	Kay Fronk	0:41:04	1995
19	Lesia Atkinson	0:41:11	2009
20	Noreen Shea	0:41:19	2005

14	Craig Greenslit	0:34:35	2013
15	David Scudamore	0:34:35	2013
16	Stann Vernon	0:34:46	1999
17	Pedro Alvarez	0:34:51	2012
18	Raul Carrizales	0:34:55	2004
19	Kevin Konczak	0:35:06	2012
20	Tom Morris	0:35:09	1991

Women Age 44

Rank	Name	Time	Year
1	Joanna Zeiger	0:36:51	2014
2	Nuta Olaru	0:37:01	2015
3	Mary Alico	0:38:46	2007
4	Mercedes Gil	0:38:49	2006
5	Catriona Dowling	0:38:54	2002
6	Laura Bruess	0:39:03	2005
7	Noelle Green	0:39:14	2009
8	Tanya Poel	0:39:29	2010
9	Peggy Muhn	0:39:41	1996
10	Kirsten Kindt	0:39:48	2009
11	Jacqueline Gareau	0:40:02	1997
12	Susan Nuzum	0:40:02	2011
13	Bunki Bankaitis-Davis	0:40:26	2002
14	Barbarann Mallory	0:40:27	2003
15	Sarah Krakoff	0:40:42	2009
16	Dianne Gates	0:40:46	2009
17	Janet Healy	0:40:51	2006
18	Judy Fellhauer	0:41:06	1992
19	Gail Breslow	0:41:10	1999
20	Stella Heffron	0:41:13	2011

Men Age 44

Rank	Name	Time	Year
1	Doug Bell	0:32:03	1995
2	Tim Crook	0:32:58	1991
3	Andy Ames	0:33:13	2007
4	Pablo Vigil	0:33:27	1996
5	Rick Katz	0:33:40	1993
6	Frank Shorter	0:33:46	1992
7	Chuck Downey	0:33:48	1983
8	Gene Mckerlie	0:33:49	1984
9	Darren De Reuck	0:34:17	2009
10	Lance Denning	0:34:23	2006
11	Dave Dooley	0:34:26	1991
12	Edward Fuchs	0:34:34	1993
13	Richard LeDoux	0:34:34	2001
14	Neil Holland	0:34:40	1996
15	Brad Pace	0:34:40	2000
16	Graeme Peterson	0:34:45	1995
17	Pedro Alvarez	0:34:51	2013
18	Bob Greene	0:34:54	1979
19	Al Grimme	0:34:55	1995
20	Kevin Konczak	0:34:58	2013

Women Age 45

Rank	Name	Time	Year
1	Colleen De Reuck	0:36:04	2009
2	Mary Alico	0:38:34	2008
3	Melody Fairchild	0:38:47	2019
4	Mercedes Gil	0:39:09	2007
5	Noelle Green	0:39:54	2010
6	Bunki Bankaitis-Davis	0:39:56	2003
7	Ellen Hart-Pena	0:40:29	2003
8	Kathleen Salter	0:40:41	2010
9	Peggy Muhn	0:40:45	1997

Men Age 45

Rank	Name	Time	Year
1	Doug Bell	0:32:33	1996
2	Johnny Halberstadt	0:33:16	1995
3	Andy Ames	0:33:18	2008
4	Marek Jakubowski	0:33:39	1992
5	Paul Thompson	0:33:50	2011
6	Ken Wilson	0:34:00	2000
7	Silvio Guerra	0:34:06	2014
8	Brad Pace	0:34:10	2001
9	Dave Dooley	0:34:26	1992

10	Dianne Gates	0:41:02	2010
11	Susan Nuzum	0:41:04	2012
12	Jacqueline Gareau	0:41:06	1998
13	Leslie Hoffman	0:41:07	2011
14	Amy Armstrong	0:41:10	2022
15	Val Ranum	0:41:24	1986
16	Bean Wrenn	0:41:37	2019
17	Barbarann Mallory	0:41:41	2004
18	Nancy Stevenson	0:41:42	1999
19	Nancy Palmer	0:41:42	1998
20	Constantina Dita	0:41:54	2015

10	Pablo Vigil	0:34:32	1997
11	Bernie Boettcher	0:34:32	2008
12	Pedro Alvarez	0:34:38	2014
13	Pete Ybarra	0:34:50	1985
14	Hans Funke	0:34:52	2006
15	Dick Telford	0:34:57	1990
16	Rick Katz	0:34:57	1994
17	Todd Straka	0:35:01	2012
18	Charlie Perez	0:35:09	1993
19	Jack Fultz	0:35:12	1994
20	John H. Swartz	0:35:13	1993

Women Age 46

Rank	Name	Time	Year
1	Ellen Hart-Pena	0:39:03	2004
2	Mary Alico	0:39:44	2009
3	Bunki Bankaitis-Davis	0:40:06	2004
4	Leslie Hoffman	0:40:30	2012
5	Catriona Dowling	0:40:32	2004
6	Peggy Muhn	0:40:34	1998
7	Susan Nuzum	0:40:53	2013
8	Dianne Gates	0:40:57	2011
9	Janet Rooney	0:41:06	2010
10	Alix Van Sickle	0:41:11	2022
11	Kathy Barton	0:41:24	2000
12	Christine Adamowski	0:41:27	2014
13	Noreen Shea	0:41:30	2008
14	Lesia Atkinson	0:41:49	2012
15	Laura Bruess	0:41:49	2007
16	Kathleen Aragon	0:41:51	2006
17	Sabrina Robinson	0:41:54	2004
18	Corky Keeffe	0:42:02	1989
19	Dawn King	0:42:06	2010
20	Amanda Lovato	0:42:09	2019

Men Age 46

Rank	Name	Time	Year
1	Doug Bell	0:32:37	1997
2	Ardel Boes	0:33:30	1984
3	Franklin Tenorio	0:33:37	2016
4	Andy Ames	0:33:39	2009
5	Sammy Ngatia	0:33:46	2006
6	Pablo Vigil	0:33:54	1998
7	Roger Barone	0:34:03	1982
8	Richard Katz	0:34:33	1995
9	Jim Christoph	0:34:37	1999
10	Ray Hammitt	0:34:47	1994
11	Chris Grauch	0:34:49	2019
12	Dave Dooley	0:34:57	1993
13	Roger Bryan	0:35:17	1982
14	Tim Jones	0:35:17	2007
15	Gene McKerlie	0:35:19	1986
16	Raul Carrizalez	0:35:35	2007
17	Dave Scudamore	0:35:39	2016
18	Bill Lawrence	0:35:42	2001
19	Timothy Dolen	0:35:45	2003
20	Richard Bishop	0:35:45	2004

Women Age 47

Rank	Name	Time	Year
1	Mary Alico	0:39:04	2010
2	Bunki Bankaitis-Davis	0:39:39	2005
3	Jacqueline Gareau	0:39:41	2000
4	Joanna Zeiger	0:39:48	2017
5	Noelle Green	0:40:25	2012

Men Age 47

Rank	Name	Time	Year
1	Doug Bell	0:33:01	1998
2	Ardel Boes	0:33:57	1985
3	Andy Ames	0:34:02	2010
4	Frank Richardson	0:34:22	2002
5	Simon Gutierrez	0:34:23	2013

6	Peggy Muhn	0:40:28	1999
7	Janet Rooney	0:40:28	2011
8	Dianne Gates	0:40:34	2012
9	Laura Bruess	0:40:34	2008
10	Megri Bodelio	0:40:34	1991
11	Catriona Dowling	0:41:00	2005
12	Ellen Hart-Pena	0:41:05	2005
13	Susan Nuzum	0:41:05	2014
14	Christine Adamowski	0:41:06	2015
15	Leslie Hoffman	0:41:11	2013
16	Marilyn Stapleton	0:41:26	1994
17	Katie Hegg	0:42:31	2010
18	Kristine Leader	0:42:36	2013
19	Lesia Atkinson	0:42:44	2013
20	Libby James	0:42:44	1984

6	David Hibbard	0:34:25	1985
7	Pete Ybarra	0:34:37	1987
8	Bill Smitham	0:34:48	1991
9	Dave Dooley	0:34:51	1994
10	Brad Seng	0:34:59	2017
11	Rick Katz	0:35:05	1996
12	Darren De Reuck	0:35:45	2012
13	Timothy Jones	0:35:51	2008
14	Todd Straka	0:35:56	2014
15	Raul Carrizalez	0:35:58	2008
16	Ken Masarie	0:36:01	2006
17	Jim Reynolds	0:36:02	1996
18	Will Pittenger	0:36:24	1998
19	James Oberheide	0:36:29	1992
20	Dan King/Steven Sellars	0:36:29	2007/2008

Women Age 48

Rank	Name	Time	Year
1	Patty Murray	0:39:38	2014
2	Mary Alico	0:39:39	2011
3	Bean Wrenn	0:40:11	2022
4	Anne Paetz	0:40:47	2006
5	Heidy Lozano	0:40:51	2011
6	Peggy Muhn	0:40:59	2000
7	Dianne Gates	0:41:00	2013
8	Susan Nuzum	0:41:13	2015
9	Noelle Green	0:42:06	2013
10	Kristi Anderson	0:42:10	2012
11	Pam Boudreau	0:42:31	2004
12	Kris Leader	0:42:42	2014
13	Leslie Hoffman	0:42:48	2014
14	Rochelle Persson	0:42:50	2016
15	Dawn King	0:42:50	2012
16	Jan Hughes	0:42:52	1999
17	Edie Stevenson	0:43:01	1998
18	Lesia Atkinson	0:43:08	2014
19	Steph Scholl	0:43:17	2011
20	Libby James	0:43:32	1985

Men Age 48

Rank	Name	Time	Year
1	Doug Bell	0:33:00	1999
2	Robert Weiner	0:33:48	2012
3	John Goetz	0:34:12	1991
4	Ray Hammitt	0:34:19	1996
5	Frank Richardson	0:34:25	2003
6	Frank Hoelzie	0:34:29	1991
7	pete ybarra	0:34:47	1988
8	Bill Smitham	0:34:49	1992
9	Pablo Vigil	0:34:50	2000
10	John Brennand	0:34:51	1984
11	Dave Dooley	0:34:56	1995
12	Todd Straka	0:35:25	2015
13	Rick Reimer	0:35:25	1997
14	Graeme Paterson	0:35:50	1999
15	Raul Carrizalez	0:35:54	2009
16	Robert Greene	0:36:15	1983
17	Tom Norris	0:36:15	2014
18	Darren De Reuck	0:36:26	2013
19	James Comstock	0:36:35	1992
20	Kent Oglesby/Pedro Alvarez	0:36:35	1996/2017

Women Age 49

Rank	Name	Time	Year
1	Colleen De Reuck	0:37:28	2013

Men Age 49

Rank	Name	Time	Year
1	Robert Weiner	0:34:36	2014

2	Diane Gates	0:39:59	2014
3	Mary Alico	0:40:03	2012
4	Lynda Cavanaugh	0:40:30	1996
5	Marilyn Stapleton	0:40:52	1996
6	Ellen Hart	0:40:59	2007
7	Peggy Muhn	0:41:05	2001
8	Edie Stevenson	0:41:20	1999
9	Ruth Fina	0:41:25	1995
10	Amanda Lovato	0:41:29	2022
11	Carolyn Mather	0:41:33	1998
12	Bunki Bankaitis-Davis	0:41:34	2007
13	Susan Nuzum	0:41:57	2016
14	Rochelle Persson	0:42:19	2017
15	Terri Cassel	0:42:26	2011
16	Leslie Hoffmann	0:42:30	2015
17	Lesia Atkinson	0:42:48	2015
18	Gail Hunter	0:43:06	1993
19	Kris Leader	0:43:29	2015
20	Una Broderick	0:43:34	2016

2	Doug Bell	0:34:47	2000
3	Frank Richardson	0:34:53	2004
4	Dave Dooley	0:35:13	1996
5	Larry Ingram	0:35:16	1994
6	Jim Reynolds	0:35:23	1998
7	Todd Straka	0:35:29	2016
8	Margarito Berzoza	0:35:34	2001
9	Pablo Vigil	0:35:37	2001
10	Bill Smitham	0:35:40	1993
11	Buford Harris	0:35:47	1982
12	Pedro Alvarez	0:35:50	2018
13	Pete Ybarra	0:35:53	1989
14	Thomas Richman	0:36:06	2004
15	Kevin Konczak	0:36:10	2018
16	Wayne Chick	0:36:13	2002
17	Wes Wessely	0:36:21	1997
18	Joseph Beal	0:36:36	1991
19	Chris Spitz	0:36:41	2013
20	Tim Jones	0:36:43	2010