

Women Age 50			
Rank	Name	Time	Year
1	Ellen Hart	0:38:38	2008
2	Priscilla Welch	0:39:09	1995
3	Marilyn Stapleton	0:42:10	1997
4	Kris Leader	0:42:15	2016
5	Susan Nuzum	0:42:24	2017
6	Catriona Dowling	0:42:26	2008
7	Laura Bruess	0:42:40	2011
8	Sandra Lee Simmons	0:43:19	2007
9	Leslie Hoffmann	0:43:22	2016
10	Gail Hunter	0:44:02	1994
11	Valerie Eipper	0:44:02	2010
12	Lesia Atkinson	0:44:08	2016
13	Pam Boudreau	0:44:13	2006
14	Jan Hughes	0:44:14	2001
15	Kathleen Phair	0:44:20	2010
16	Judy Moir	0:44:33	1992
17	Randi Mitchem	0:44:35	2014
18	Martha Buttner	0:44:38	2006
19	Shannon Teslow	0:44:39	2015
20	Wendy Crandall	0:44:40	2002

Men Age 50			
Rank	Name	Time	Year
1	Bob Weiner	0:33:59	2015
2	Chris Grauch	0:34:38	2023
3	John Weatherley	0:35:15	1989
4	Jim Reynolds	0:35:57	1999
5	Wayne Chick	0:36:05	2003
6	Verne Carlson	0:36:05	1983
7	Wil King	0:36:08	1981
8	Dave Dooley	0:36:11	1997
9	Trevor Ruwitch	0:36:37	2007
10	Tim Dolen	0:36:39	2007
11	Roger Bryan	0:36:42	1986
12	Keith Donkin	0:36:52	2007
13	Joseph Beal	0:36:58	1992
14	Peter Tel	0:37:03	2014
15	Stann Vernon	0:37:07	2006
16	Scott Tucker	0:37:08	2012
17	Paul Giannobile	0:37:12	2010
18	Kevin Konczak	0:37:15	2019
19	Tom Norris	0:37:16	2016
20	Darren De Reuck	0:37:17	2015

Women Age 51			
Rank	Name	Time	Year
1	Colleen De Reuck	0:37:56	2015
2	Priscilla Welch	0:39:17	1996
3	Ellen Hart	0:39:53	2009
4	Marilyn Stapleton	0:40:40	1998
5	Jacqueline Gareau	0:40:48	2004
6	Mary Alico	0:40:49	2014
7	Lin Lascelles	0:41:10	2015
8	Laura Bruess	0:41:57	2012
9	Heidy Lozano	0:42:06	2014
10	Edie Stevenson	0:42:12	2001
11	Bridget Carlson	0:42:28	2012
12	Peggy K Muhn	0:43:01	2003
13	Quentin Dahm	0:43:10	1992
14	Catriona Dowling	0:43:45	2009
15	Delcia Litt	0:43:47	2010
16	Lesia Atkinson	0:43:48	2017
17	Pam Boudreau	0:43:56	2007
18	Suzie Houston Steel	0:43:59	2011
19	Diane Palmason	0:44:04	1989
20	Martha Buttner	0:44:11	2007

Men Age 51			
Rank	Name	Time	Year
1	Doug Bell	0:33:59	2002
2	Larry Ingram	0:35:19	1996
3	Pete Ybarra	0:35:24	1991
4	Dave Dooley	0:35:26	1998
5	Andy Ames	0:35:48	2014
6	Greg Diamond	0:35:53	2008
7	Verne Carlson	0:36:04	1984
8	Graeme Paterson	0:36:13	2002
9	Christian Cushing-Murray	0:36:15	2019
10	Robert Greene	0:36:17	1986
11	Pablo Vigil	0:36:27	2003
12	Dan King	0:36:36	2011
13	John Probst	0:36:42	2019
14	Rick Katz	0:36:55	2000
15	Raul Carrizalez	0:36:58	2012
16	Glen Mays	0:37:00	2022
17	Flavio De Simone	0:37:05	2022
18	Jerry Rief	0:37:13	2016
19	Peter Tel	0:37:18	2015
20	Bill Smitham	0:37:24	1995

Women Age 52			
Rank	Name	Time	Year
1	Ellen Hart	0:40:44	2010
2	Elizabeth Sue Morris	0:40:47	2001
3	Mary Alico	0:41:25	2015
4	Lin Lascelles	0:42:03	2016
5	Edie Stevenson	0:42:13	2002

Men Age 52			
Rank	Name	Time	Year
1	Doug Bell	0:35:07	2003
2	Peter Fleming	0:35:12	2013
3	Pete Ybarra	0:35:35	1992
4	Andy Ames	0:35:47	2015
5	Dave Dooley	0:35:59	1999

6	Shannon Teslow	0:42:38	2017
7	Laura Bruess	0:42:50	2013
8	Peggy Muhn	0:43:33	2004
9	Janet Healy	0:43:41	2014
10	Colleen Burns	0:44:08	2002
11	Lisa Hoffmann	0:44:18	2018
12	Cora Randall	0:44:30	2012
13	Tanja Cutting	0:44:46	2022
14	Korinne Jew	0:44:53	2019
15	Randi Mitchem	0:44:56	2016
16	Murray Greer	0:44:59	2013
17	Mary Lee Withers	0:45:09	1995
18	Carolyn Mather	0:45:33	2001
19	Pam Boudreau	0:45:33	2008
20	Meg Tilton	0:45:33	2023

6	Larry Ingram	0:36:05	1997
7	Pablo Vigil	0:36:28	2004
8	Greg Diamond	0:36:38	2009
9	Dan King	0:36:58	2012
10	Jerry Rief	0:37:08	2017
11	Raul Carrizalez	0:37:20	2013
12	Bill Smitham	0:37:20	1996
13	Tim Jones	0:37:21	2013
14	Tom Sturak	0:37:36	1984
15	Marty Wacker	0:37:36	2023
16	Andrew Bodley	0:37:49	2019
17	Rick Katz	0:37:51	2001
18	Daniel Greer	0:38:02	2012
19	Oliver Knowlton	0:38:06	2010
20	Tom S. Groves	0:38:09	2001

#### Women Age 53

Rank	Name	Time	Year
1	Mary Alico	0:40:47	2016
2	Eddie Stevenson	0:41:43	2003
3	Laura Bruess	0:41:47	2014
4	Lin Lascelles	0:41:51	2017
5	Delicia Litt	0:42:11	2012
6	Sara Freitas	0:42:38	2011
7	Shannon Teslow	0:43:04	2018
8	Kris Leader	0:43:27	2019
9	Mary Lee Withers	0:43:29	1996
10	Terri Cassel	0:43:42	2015
11	Marilyn Stapleton	0:44:08	2000
12	Patti Galleher	0:44:16	2011
13	Peggy Muhn	0:44:18	2005
14	Judy Chamberlin	0:44:21	2012
15	Jan Hughes	0:44:21	2004
16	Dlane Palmason	0:44:31	1991
17	Pam Boudreau	0:44:37	2009
18	Leslie Hoffman	0:44:41	2019
19	Karen Jones	0:44:58	2015
20	Susan Noe	0:45:13	2008

#### Men Age 53

Rank	Name	Time	Year
1	Peter Fleming	0:35:03	2014
2	Bob Weiner	0:35:31	2018
3	Pete Ybarra	0:35:39	1993
4	Doug Bell	0:35:51	2004
5	David Litoff	0:36:13	2014
6	Dave Dooley	0:36:22	2000
7	Larry Ingram	0:36:28	1998
8	Rafael Pacheco	0:36:39	2019
9	Benji Durden	0:36:46	2005
10	Raul Carrizalez	0:36:53	2014
11	Pablo Vigil	0:36:54	2005
12	Kevin Konczak	0:36:55	2022
13	Jim Reynolds	0:37:12	2002
14	Robert Mcandrews	0:37:22	1993
15	Dan King	0:37:25	2013
16	Simon Martin	0:37:35	2006
17	Tom Groves	0:37:50	2002
18	Mark Wayne Bell	0:37:50	2010
19	Jerry Rief	0:37:57	2018
20	Daniel Greer	0:37:59	2013

#### Women Age 54

Rank	Name	Time	Year
1	Ellen Hart	0:39:11	2012
2	Colleen De Reuck	0:40:40	2018
3	Patti Galleher	0:41:42	2012
4	Laura Bruess	0:42:45	2015
5	Terri Cassel	0:43:20	2016
6	Carolyn Mather	0:43:25	2003
7	Peggy Muhn	0:44:09	2006
8	Eddie Stevenson	0:44:16	2004
9	Lin Lascelles	0:44:39	2018
10	Diane Palmason	0:44:52	1992
11	Judy Chamberlin	0:45:00	2013

#### Men Age 54

Rank	Name	Time	Year
1	Doug Bell	0:35:13	2005
2	David Litoff	0:36:03	2015
3	Dan King	0:36:03	2014
4	Dave Dooley	0:36:42	2001
5	Raul Carrizalez	0:36:43	2015
6	Larry Ingram	0:36:56	1999
7	John Victoria	0:37:00	2008
8	Kevin Konczak	0:37:17	2023
9	Jerry Rief	0:37:34	2019
10	Kevin Deighan	0:37:40	2013
11	Ronald Davis	0:37:47	2000

12	Connie DeMercurio	0:45:01	2011
13	Jan Hughes	0:45:06	2005
14	Carolyn Woodbury	0:45:18	1991
15	Sue Butcher	0:45:22	2007
16	Pam Boudreau	0:45:23	2010
17	Miriam Eckert	0:45:24	2023
18	Stephanie Scholl	0:45:41	2017
19	Karen Jones	0:45:50	2016
20	Delicia Litt	0:46:00	2013

12	Heath Hibbard	0:38:01	2007
13	Ken Jagmin	0:38:02	2000
14	Pablo Vigil	0:38:06	2006
15	Gordan Macfarland	0:38:10	2002
16	Greg Diamond	0:38:15	2011
17	James Boughter	0:38:17	1998
18	Peter Tel	0:38:20	2018
19	Jay Survil	0:38:21	2013
20	David Minter	0:38:28	2015

#### Women Age 55

Rank	Name	Time	Year
1	Laura Bruess	0:40:39	2016
2	Nina Caron	0:41:32	2015
3	Ellen Hart	0:42:11	2013
4	Patti Galleher	0:42:17	2013
5	Delicia Litt	0:42:27	2014
6	Terri Cassel	0:42:55	2017
7	Edie Stevenson	0:42:58	2005
8	Lin Lascelles	0:43:36	2019
9	Peggy Muhn	0:43:54	2007
10	Heidy Lozano	0:44:18	2018
11	Stephanie Scholl	0:44:58	2018
12	Judy Chamberlin	0:45:00	2014
13	Diane Palmason	0:45:02	1993
14	Jan Hughes	0:45:14	2006
15	Jan Daker	0:45:29	2003
16	Cheryl Aley	0:45:24	2023
17	Lynne Shults	0:45:34	2022
18	Catriona Dowling	0:45:36	2013
19	Connie DeMercurio	0:46:02	2012
20	Sue Butcher	0:46:02	2008

#### Men Age 55

Rank	Name	Time	Year
1	Dave Dooley	0:36:36	2002
2	Dan King	0:36:37	2015
3	Ronald Davis	0:37:08	2001
4	Richard LeDoux	0:37:30	2012
5	Greg Diamond	0:37:31	2012
6	Wayne Chick	0:37:35	2008
7	John Victoria	0:38:00	2009
8	Heath Hibbard	0:38:14	2008
9	Craig Person	0:38:20	2019
10	Ken Randall	0:38:25	1993
11	Peter Tel	0:38:30	2019
12	Daniel Greer	0:38:31	2015
13	Rick Katz	0:38:34	2004
14	Rich Romero	0:38:47	1992
15	Ken Jagmin	0:38:47	2001
16	Raul Carrizalez	0:38:43	2016
17	Jay Survil	0:38:51	2014
18	Pablo Vigil	0:38:57	2007
19	Steve Carlson	0:38:58	2010
20	Scott Mcreynolds	0:38:59	1983

#### Women Age 56

Rank	Name	Time	Year
1	Delcia Litt	0:40:57	2015
2	Patti Galleher	0:42:07	2014
3	Laura Bruess	0:42:42	2017
4	Terri Cassel	0:43:42	2018
5	Ellen Hart	0:43:51	2014
6	Edie Stevenson	0:43:57	2006
7	Diane Palmason	0:44:06	1994
8	Kris Leader	0:44:18	2022
9	Wen-Shi Yu	0:45:38	1991
10	Diane Ridgway	0:45:47	2005
11	Karen Jones	0:45:59	2018
12	Linda Peters	0:46:01	2005
13	Catriona Dowling	0:46:35	2014
14	Judy Chamberlin	0:46:51	2015
15	Deb Cunningham	0:46:57	2018
16	Anne Campbell	0:47:13	2013
17	Bogie Bogner	0:47:26	2004

#### Men Age 56

Rank	Name	Time	Year
1	Peter Fleming	0:35:53	2017
2	Dave Dooley	0:37:01	2003
3	Raul Carrizalez	0:37:49	2017
4	Kyle Hubbart	0:37:50	2013
5	Charlie Gray	0:37:50	2010
6	Kevin Pfefferle	0:38:24	2014
7	Wayne Chick	0:38:45	2009
8	Ken Jagmin	0:38:48	2002
9	Robert McAndrews	0:38:48	1996
10	Jim Reynolds	0:39:01	2005
11	Clifford Adcock	0:39:06	1986
12	Jay Survil	0:39:06	2015
13	Krister Holm	0:39:06	2023
14	Greg Diamond	0:39:13	2013
15	Rick Katz	0:39:14	2005
16	Bill Rodgers	0:39:24	2004
17	Jerry Graham	0:39:31	1999

18	Carrie Mullarkey-Baird	0:47:48	2018
19	Pam Boudreau	0:48:01	2012
20	Sue Butcher	0:48:14	2009

18	Lynn Dougherty	0:39:39	2002
19	Ernie Black	0:39:40	1988
20	Don Larson	0:39:41	1997

Women Age 57			
Rank	Name	Time	Year
1	Patti Murray-Albo	0:41:17	2023
2	Terri Cassel	0:43:51	2019
3	Patti Galleher	0:44:09	2015
4	Marilyn Stapleton	0:44:15	2004
5	Eddie Stevenson	0:44:22	2007
6	Ellen Hart	0:44:26	2015
7	Judy Chamberlin	0:45:16	2016
8	Deb Cunningham	0:45:55	2019
9	Laurie Rugenstein	0:46:02	2005
10	Lila Seal	0:46:25	2017
11	Carrie Mullarkey-Bard	0:46:29	2019
12	Laurie Brockway	0:46:33	2019
13	Bogie Bogner	0:46:39	2005
14	Ann Campbell	0:46:44	2014
15	Sharon Kolarik	0:46:52	2016
16	Sharon Argenio	0:46:57	2023
17	Catriona Dowling	0:47:05	2015
18	Karen Jones	0:47:08	2019
19	Jan Hughes	0:47:26	2008
20	Sheri Nemeth	0:47:28	2015

Men Age 57			
Rank	Name	Time	Year
1	Doug Bell	0:35:37	2008
2	Peter Fleming	0:36:24	2018
3	Dave Dooley	0:37:13	2004
4	Dan King	0:37:49	2017
5	Kyle Hubbart	0:37:50	2014
6	Jim Goertz	0:38:03	1993
7	James Boughter	0:38:14	2001
8	Brad Derthick	0:38:16	2018
9	Raul Carrizalez	0:38:26	2018
10	Rick Katz	0:38:43	2006
11	Greg Diamond	0:38:45	2014
12	Kevin Berg	0:39:13	2014
13	John Goodloe	0:39:50	2019
14	Paul Hughes	0:39:51	2015
15	Jay Survil	0:39:55	2016
16	Rick Bruess	0:40:10	2016
17	Bill Smitham	0:40:26	2001
18	Bob Cooper	0:40:29	2005
19	Don Larson	0:40:31	1998
20	Kenneth Jagmin	0:40:42	2003

Women Age 58			
Rank	Name	Time	Year
1	Nancy Smalley	0:37:20	1985
2	Laura Bruess	0:43:28	2019
3	Judy Chamberlin	0:44:41	2017
4	Lin Lascelles	0:45:07	2022
5	Cora Randall	0:45:15	2018
6	Lila Seal	0:45:27	2018
7	Diane Palmason	0:46:31	1996
8	Suzie Steel	0:47:03	2018
9	Barbara Naeser	0:47:10	1999
10	Jan Hughes	0:47:12	2009
11	Delcia Litt	0:47:18	2017
12	Susan Schulte	0:47:24	2014
13	Catriona Dowling	0:47:30	2016
14	Dianne Kenna	0:47:33	2023
15	Vicki Hunter	0:47:53	2019
16	Kathy Kirsling	0:47:55	2007
17	Pam Boudreau	0:48:14	2014
18	Helen McQueeny	0:48:22	2010
19	Ann Campbell	0:48:29	2015
20	Libby James	0:48:36	1995

Men Age 58			
Rank	Name	Time	Year
1	Doug Bell	0:36:43	2009
2	Raul Carrizalez	0:37:03	2019
3	Dave Dooley	0:37:22	2005
4	David Litoff	0:38:20	2019
5	Kyle Hubbart	0:38:23	2015
6	Roger Sayre	0:38:31	2016
7	Dan Spale	0:38:33	2014
8	Dan King	0:38:37	2018
9	Ronn Baker	0:39:05	1998
10	Verne Carlsen	0:39:13	1991
11	Kevin Pfefferle	0:39:17	2016
12	Peter Tel	0:39:23	2022
13	Paul Hughes	0:39:33	2016
14	Wayne Chick	0:39:44	2011
15	Simon Martin	0:39:47	2011
16	Philip Mann	0:39:52	1996
17	Mike Evans	0:39:58	2012
18	Don Larson	0:40:00	1999
19	Jay Survil	0:40:18	2017
20	Bob Cooper	0:40:27	2006

Women Age 59			
Rank	Name	Time	Year

Men Age 59			
Rank	Name	Time	Year

1	Colleen De Reuck	0:42:25	2023
2	Kristine Clark	0:43:11	2022
3	Cora Randall	0:44:14	2019
4	Ellen Hart	0:45:07	2017
5	Lin Lascelles	0:45:20	2023
6	Eddie Stevenson	0:45:24	2009
7	Heidy Lozano	0:45:48	2022
8	Lila Seal	0:46:09	2019
9	Judy Chamberlin	0:46:10	2018
10	Kathy Kirsling	0:47:00	2008
11	Laurie Rugenstein	0:47:03	2007
12	Cat Trujillo	0:47:16	1995
13	Tina Albert	0:47:30	2010
14	Jan Hughes	0:47:56	2010
15	Susan Shculte	0:48:15	2015
16	Carey Sanchez	0:48:42	2015
17	Amy Lease	0:48:47	2013
18	Mary Withers	0:48:50	2003
19	Karen Kowalenko	0:48:50	2023
20	Andrea Bell	0:48:53	2012

1	Doug Bell	0:36:26	2010
2	Dan Spale	0:37:45	2015
3	Dan King	0:38:08	2019
4	Dave Dooley	0:38:10	2006
5	Roger Sayre	0:38:37	2017
6	Kyle Hubbard	0:38:50	2016
7	Richard LeDoux	0:39:18	2016
8	Peter Tel	0:39:22	2023
9	John Borthwick	0:39:42	2023
10	Ronn Baker	0:39:52	1999
11	Rick Katz	0:39:58	2008
12	Liam Ryan	0:40:07	1999
13	Verne Carlson	0:40:10	1992
14	Liam Ryan	0:40:49	1998
15	Danny Spoons	0:40:58	2010
16	Bob Cooper	0:41:01	2007
17	Corey Wong	0:41:06	2015
18	Kevin Berg	0:41:08	2016
19	Rick Bruess	0:41:08	2019
20	Norman Cessna	0:41:17	1986