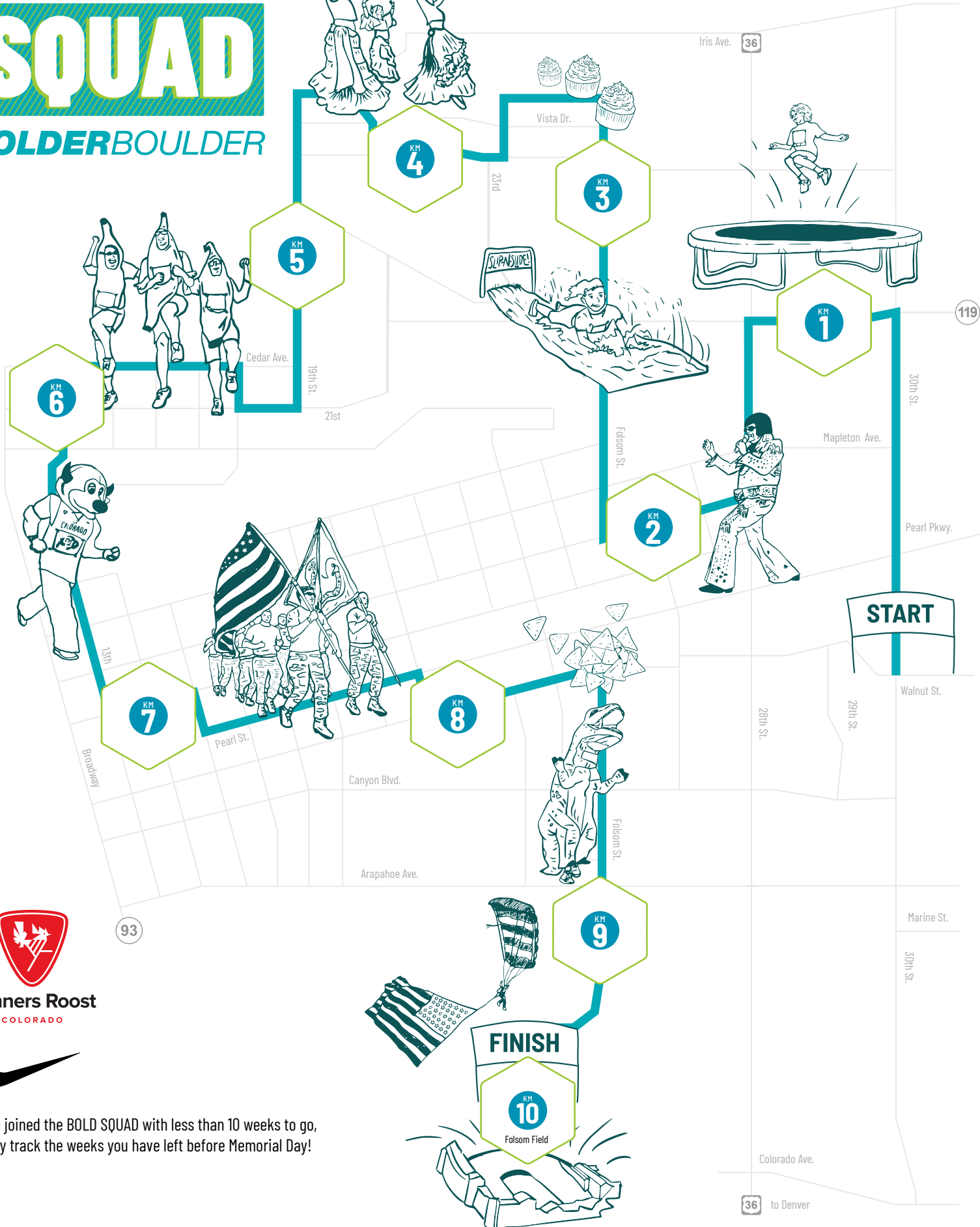


BOLD SQUAD 2024

BOLDERBOULDER

Each week equals 1KM down on this BOLD SQUAD Training Map. Place a sticker on the map to track your progress as you go. Get to know the course, have fun, and be BOLD!



Runners Roost
COLORADO



If you joined the BOLD SQUAD with less than 10 weeks to go, simply track the weeks you have left before Memorial Day!