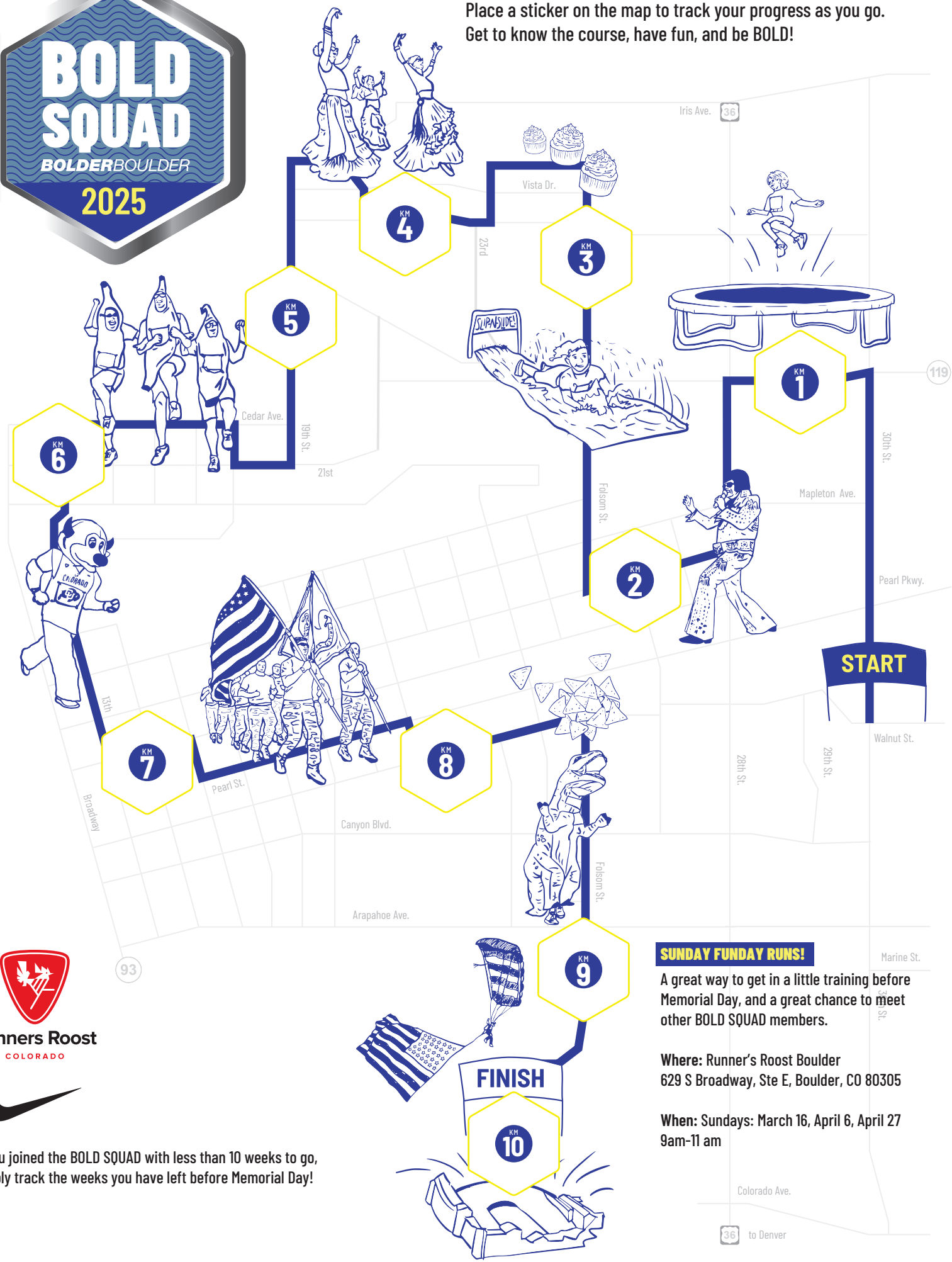
BOLD SQUAD
BOLDERBOULDER
2025

Each week equals 1KM down on this BOLD SQUAD Training Map.
Place a sticker on the map to track your progress as you go.
Get to know the course, have fun, and be BOLD!



Runners Roost
COLORADO

If you joined the BOLD SQUAD with less than 10 weeks to go, simply track the weeks you have left before Memorial Day!

SUNDAY FUNDAY RUNS!

A great way to get in a little training before Memorial Day, and a great chance to meet other BOLD SQUAD members.

Where: Runner's Roost Boulder
629 S Broadway, Ste E, Boulder, CO 80305

When: Sundays: March 16, April 6, April 27
9am-11 am