

BOLDERBOULDER

2026 Qualifying Times

Waves A through FE (times must be run since 5/26/2025)

Placement based upon availability as some waves will reach capacity. Register soon to ensure your spot.

| WAVE | 10K | 5K | Marathon | 1/2 Mar | 10 Mile | 15K | 9 Mile | 12K | 6 Mile | 9K | 5 Mile | 8K | 7K | 4 Mile | 6K | WAVE |
|-----------|---------|-------|----------|---------|---------|---------|---------|---------|---------|-------|--------|-------|-------|--------|-------|-----------|
| A* | 38:00 | 18:20 | 2:55:34 | 1:24:05 | 1:02:57 | 58:25 | 56:16 | 46:05 | 36:38 | 34:01 | 30:14 | 30:03 | 26:07 | 23:55 | 22:13 | A* |
| AA | 41:00 | 19:47 | 3:09:18 | 1:30:50 | 1:08:00 | 1:03:05 | 1:00:47 | 49:45 | 39:32 | 36:43 | 32:38 | 32:26 | 28:11 | 25:49 | 23:58 | AA |
| AB | 43:00 | 20:45 | 3:18:23 | 1:35:20 | 1:11:22 | 1:06:12 | 1:03:47 | 52:12 | 41:28 | 38:30 | 34:13 | 34:01 | 29:33 | 27:04 | 25:08 | AB |
| B | 44:00 | 21:14 | 3:22:54 | 1:37:34 | 1:13:03 | 1:07:46 | 1:05:17 | 53:25 | 42:26 | 39:24 | 35:01 | 34:48 | 30:15 | 27:42 | 25:43 | B |
| BA | 45:00 | 21:43 | 3:27:24 | 1:39:48 | 1:14:44 | 1:09:19 | 1:06:46 | 54:39 | 43:24 | 40:18 | 35:48 | 35:35 | 30:56 | 28:19 | 26:18 | BA |
| BB | 46:00 | 22:12 | 3:31:54 | 1:42:02 | 1:16:24 | 1:10:52 | 1:08:16 | 55:52 | 44:22 | 41:11 | 36:36 | 36:23 | 31:37 | 28:57 | 26:53 | BB |
| C | 47:00 | 22:41 | 3:36:22 | 1:44:16 | 1:18:05 | 1:12:25 | 1:09:46 | 57:05 | 45:20 | 42:05 | 37:24 | 37:10 | 32:18 | 29:34 | 27:28 | C |
| CA | 48:00 | 23:10 | 3:40:49 | 1:46:30 | 1:19:45 | 1:13:58 | 1:11:16 | 58:18 | 46:18 | 42:58 | 38:11 | 37:57 | 32:59 | 30:12 | 28:03 | CA |
| CB | 49:00 | 23:39 | 3:45:16 | 1:48:43 | 1:21:25 | 1:15:31 | 1:12:45 | 0:59:32 | 47:15 | 43:52 | 38:59 | 38:44 | 33:40 | 30:49 | 28:38 | CB |
| CC | 50:00 | 24:07 | 3:49:41 | 1:50:56 | 1:23:05 | 1:17:04 | 1:14:15 | 1:00:45 | 48:13 | 44:46 | 39:46 | 39:32 | 34:20 | 31:27 | 29:12 | CC |
| D | 51:00 | 24:36 | 3:54:05 | 1:53:09 | 1:24:45 | 1:18:37 | 1:15:44 | 1:01:58 | 49:11 | 45:39 | 40:34 | 40:19 | 35:01 | 32:04 | 29:47 | D |
| DA | 52:00 | 25:05 | 3:58:29 | 1:55:21 | 1:26:25 | 1:20:10 | 1:17:13 | 1:03:11 | 50:09 | 46:33 | 41:21 | 41:06 | 35:42 | 32:42 | 30:22 | DA |
| DB | 53:00 | 25:33 | 4:02:52 | 1:57:33 | 1:28:05 | 1:21:42 | 1:18:42 | 1:04:23 | 51:06 | 47:26 | 42:08 | 41:53 | 36:23 | 33:19 | 30:56 | DB |
| DC | 54:00 | 26:02 | 4:07:13 | 1:59:45 | 1:29:44 | 1:23:14 | 1:20:11 | 1:05:36 | 52:04 | 48:19 | 42:56 | 42:40 | 37:04 | 33:56 | 31:31 | DC |
| DD | 55:00 | 26:30 | 4:11:34 | 2:01:57 | 1:31:23 | 1:24:47 | 1:21:40 | 1:06:49 | 53:01 | 49:13 | 43:43 | 43:27 | 37:44 | 34:33 | 32:06 | DD |
| E | 56:00 | 26:59 | 4:15:54 | 2:04:08 | 1:33:03 | 1:26:19 | 1:23:09 | 1:08:01 | 53:59 | 50:06 | 44:30 | 44:14 | 38:25 | 35:10 | 32:40 | E |
| EA | 57:00 | 27:27 | 4:20:13 | 2:06:19 | 1:34:42 | 1:27:51 | 1:24:37 | 1:09:14 | 54:56 | 50:59 | 45:17 | 45:01 | 39:06 | 35:48 | 33:15 | EA |
| EB | 58:00 | 27:56 | 4:24:31 | 2:08:30 | 1:36:20 | 1:29:22 | 1:26:06 | 1:10:26 | 55:54 | 51:52 | 46:04 | 45:47 | 39:46 | 36:25 | 33:49 | EB |
| EC | 59:00 | 28:24 | 4:28:49 | 2:10:40 | 1:37:59 | 1:30:54 | 1:27:34 | 1:11:39 | 56:51 | 52:45 | 46:51 | 46:34 | 40:27 | 37:02 | 34:23 | EC |
| ED | 1:00:30 | 29:07 | 4:35:13 | 2:13:55 | 1:40:27 | 1:33:11 | 1:29:46 | 1:13:27 | 58:17 | 54:05 | 48:02 | 47:44 | 41:28 | 37:57 | 35:15 | ED |
| EE | 1:02:00 | 29:49 | 4:41:36 | 2:17:09 | 1:42:54 | 1:35:28 | 1:31:58 | 1:15:15 | 59:42 | 55:24 | 49:12 | 48:54 | 42:28 | 38:53 | 36:06 | EE |
| F | 1:03:00 | 30:17 | 4:45:50 | 2:19:18 | 1:44:32 | 1:36:59 | 1:33:26 | 1:16:27 | 00:40 | 56:17 | 49:59 | 49:41 | 43:09 | 39:30 | 36:41 | F |
| FA | 1:05:00 | 31:14 | 4:54:16 | 2:23:36 | 1:47:47 | 1:40:01 | 1:36:21 | 1:18:51 | 02:33 | 58:03 | 51:33 | 51:14 | 44:29 | 40:44 | 37:49 | FA |
| FB | 1:07:00 | 32:10 | 5:02:39 | 2:27:52 | 1:51:02 | 1:43:02 | 1:39:16 | 1:21:14 | 04:27 | 59:49 | 53:07 | 52:47 | 45:50 | 41:57 | 38:58 | FB |
| FC | 1:09:00 | 33:06 | 5:10:59 | 2:32:07 | 1:54:16 | 1:46:02 | 1:42:10 | 1:23:37 | 06:21 | 01:34 | 54:40 | 54:20 | 47:10 | 43:11 | 40:06 | FC |
| FD | 1:13:00 | 34:59 | 5:27:31 | 2:40:32 | 2:00:41 | 1:52:01 | 1:47:56 | 1:28:21 | 1:10:07 | 05:04 | 57:46 | 57:25 | 49:51 | 45:37 | 42:22 | FD |
| FE | 1:15:00 | 35:54 | 5:35:43 | 2:44:44 | 2:03:53 | 1:54:59 | 1:50:48 | 1:30:43 | 1:12:00 | 06:48 | 59:19 | 58:57 | 51:11 | 46:51 | 43:30 | FE |

*Runners wishing to be considered for the A wave (38:00 or faster) can submit a link results from a race that is 5K or longer since May 26, 2025. GPS time for qualification are not accepted for the A wave.