

ALL-TIME TOP 20 TIMES

Professional Races

updated: May 2026

MEN				WOMEN			
Rank	Name	Time	Year (Place)	Rank	Name	Time	Year (Place)
1	Josphat Machuka	27:52	1995 (1st)	1	Grace Loibach Nawowuna	31:51	2025 (1st)
2	Armando Quintanilla	28:15	1995 (2nd)	2	Delillah Asiago	32:13	1995 (1st)
3	Tilahun Regassa	28:17	2009 (1st)	3	Mamitu Daska	32:21	2014 (1st)
4	Getaneh Tamire	28:18	2018 (1st)	4	Mamitu Daska	32:28	2010 (1st)
5	Ismael Kirui	28:20	1995 (3rd)	5	Lineth Chepkurui	32:29	2011 (1st)
6	Martin Pitayo	28:21	1995 (4th)	6	Lidia Simon	32:30	1999 (1st)
	Conner Mantz	28:21	2025 (1st)	7	Rebecca Mwangi	32:33	2026 (1st)
8	Daniel Simiu Ebenyo	28:23	2025 (2nd)	8	Mamitu Daska	32:34	2018 (1st)
9	Simon Rono	28:28	1996 (1st)	9	Mamitu Daska	32:36	2011 (2nd)
10	Bernard Ngeno	28:29	2019 (1st)		Jesca Chelangat	32:36	2026 (2nd)
11	Ridouane Harroufi	28:32	2008 (1st)	11	Anne Audain	32:38	1982 (1st)
12	Dmessew Tsega	28:33	2008 (2nd)	12	Meseret Belete	32:39	2025 (2nd)
13	Domingos Castro	28:34	1995 (5th)	13	Alem Tsadik	32:43	2025 (3rd)
14	Patrick Kiptoo Kiprop	28:35	2026 (1st)	14	Grace Loibach Nawowuna	32:46	2024 (1st)
15	Tadese Tola	28:36	2009 (2nd)		Rachel Rudel	32:46	2026 (3rd)
16	Gebe Berka	28:37	2008 (3rd)	16	Asha Gigi	32:47	1999 (2nd)
	Abbabiya Simbassa	28:37	2025 (3rd)		Aliphine Tuliamuk	32:47	2018 (2nd)
18	Jon Brown	28:38	1996 (2nd)	18	Mamitu Daska	32:48	2009 (1st)
19	Gabriel Geay	28:39	2018 (2nd)		Evaline Chirchir	32:48	2026 (4th)
20	Thomas Osano	28:40	1992 (1st)	20	Millicent Gathoni	32:49	2008 (1st)
					Hiwot Yemer	32:49	2019 (1st)
					Aubrey Frenthaway	32:49	2025 (4th)
WHEELCHAIR - MEN				WHEELCHAIR - WOMEN			
Rank	Name	Time	Year (Place)	Rank	Name	Time	Year (Place)
1	Saul Mendoza	19:45	2004 (1st)	1	Susannah Scaroni	23:30	2024 (1st)
2	Saul Mendoza	19:52	2002 (1st)	2	Candace Cable	25:43	1996 (1st)
3	Saul Mendoza	20:19	1999 (1st)	3	Deanna Sodoma	25:45	1995 (1st)
4	Saul Mendoza	20:26	2000 (1st)	4	Cheri Becerra	26:03	2000 (1st)
5	Saul Mendoza	20:34	2003 (1st)	5	Jean Driscoll	26:05	2000 (2nd)
6	Saul Mendoza	20:40	2005 (1st)	6	Susannah Scaroni	26:06	2013 (1st)
7	Saul Mendoza	20:43	1998 (1st)	7	Cheri Blauwet	26:08	2000 (3rd)
8	Krige Schabort	21:06	2005 (2nd)	8	Ariadne Hernandez	26:16	2002 (1st)
9	Aaron Gordien	21:20	2002 (2nd)	9	Cheri Becerra	26:21	1999 (1st)
10	Aaron Gordien	21:26	2003 (2nd)	10	Jean Driscoll	26:22	1999 (2nd)
11	Craig Blanchette	21:29	2003 (3rd)	11	Ariadne Hernandez	26:23	2003 (1st)
12	Aaron Gordien	21:30	2001 (2nd)	12	Shirley Reilly	26:24	2005 (1st)
13	Craig Blanchette	21:35	1996 (1st)	13	Candace Cable	26:25	1992 (1st)
14	Scott Hollonbeck	21:37	1998 (2nd)	14	Miriam Nibley	26:30	2000 (4th)
15	Craig Blanchette	21:38	1995 (1st)	15	Cheri Blauwet	26:32	2003 (2nd)
16	Eric Neitzel	21:40	1997 (1st)	16	Deanna Sodoma	26:33	1992 (2nd)
17	Jacob Heilveil	21:42	1998 (3rd)	17	Deanna Sodoma	26:34	1993 (1st)
18	Craig Blanchette	21:46	1998 (4th)	18	Cheri Becerra	26:42	1996 (2nd)
	Paul Wiggins	21:46	1995 (2nd)	19	Amanda McGroy	26:44	2018 (1st)

20	Paul Wiggins	21:48	1996 (2nd)	20	Candace Cable	26:49	1997 (1st)
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Table 1

	23:30	Susannah Scaroni	2024 (1st)
	25:43	Candace Cable	1996 (1st)
	26:03	Cheri Becerra	2000 (1st)
	26:06	Susannah Scaroni	2013 (1st)
	26:16	Adriadne Hernandez	2002 (1st)
	26:21	Cheri Becerra	1999 (1st)
	26:23	Adriadne Hernandez	2003 (1st)
	26:24	Shirley Reilly	2005 (1st)
	26:44	Amanda McGroy	2018 (1st)
	26:49	Candace Cable	1997 (1st)
	26:50	Christina Ripp	2009 (1st)
	26:59	Amanda McGroy	2014 (1st)
	27:05	Shirley Reilly	2007 (1st)
	27:05	Shirley Reilly	2011 (1st)
	27:08	Amanda McGroy	2015 (1st)
	27:14	Adriadne Hernandez	2001 (1st)
	27:30	Kendall Gretsck	2023 (1st)
	27:35	Shirley Reilly	2010 (1st)
	27:42	Adriadne Hernandez	2004 (1st)
	27:48	Cheri Madsen (Becerra)	2016 (1st)